



GO GREEN

STARTER

Smoked Eggplant spread (v)

95

Greek yogurt, smoked paprika,
baby gem lettuce

PASTA

Beetroot & goat cheese ravioli (v)

120

Lemon-poppysseeds emulsion,
red chard leaves

Quinoa flour strozzapreti

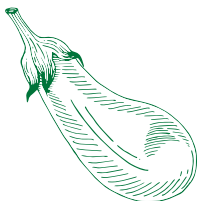
120

Kale and cashew nut pesto,
baked cherry tomatoes



Vegan (v) Vegetarian

No service charge. All tips go to our staff



BEETROOT AND GOAT CHEESE RAVIOLI

Beetroot

Packed with essential nutrients, beetroots are a great source of fiber, vitamin B9, manganese, potassium, iron, and vitamin C. Health benefits include better blood flow, low blood pressure, and better exercise performance. Beat that!

Poppy seeds

Rich in nutrients and antioxidants, poppy seeds are a great source of polyphenols — a type of antioxidant that may lower your risk of heart disease and other maladies. Poppy power!

QUINOA FLOUR STROZZAPRETI

Quinoa

For such a tiny seed, quinoa sure does pack a lot of protein. High in minerals like iron, magnesium, phosphorus, manganese and zinc, this superfood does you super good!

Kale

The OG sweetheart of the health food movement, Kale is full of Vitamins A, C and K which all do your body's immune system a world of good. Add in omega-3 fatty acid, lutein and zeaxanthin, to help your eyes and digestion. Kale rules!

Cashew

Cashews are an excellent source of antioxidants and protein. Eating em can benefit your skin, hair and blood health too. You'd be nuts not too!

EGGPLANT AND SMOKED PAPRIKA SPREAD

Eggplants

Call them eggplants or aubergines, they are still going to be packed full of important vitamins, minerals and nutrients in a low-calorie 'package.' The best source of natural antioxidant manganese, these purple veg keep your organs protected.